# HEIGHT GUIDE

### Ergonomic Furniture for Learning Success

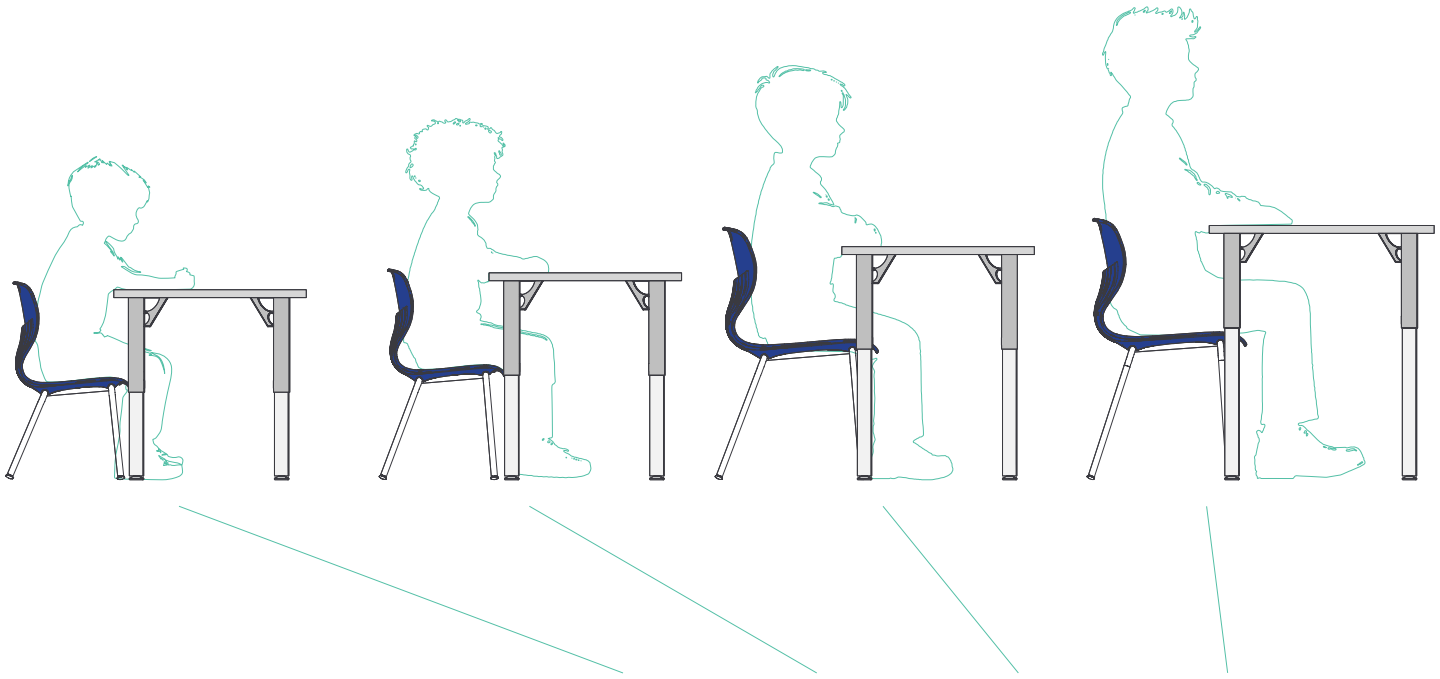
Enhancing student outcomes starts with a well-designed learning environment. Age-appropriate, ergonomic furniture promotes comfort, supports healthy posture, and helps students stay focused and engaged.

### Chairs

Ensure chairs allow students' feet to rest flat on the floor with knees at a 90° angle. Prioritize comfort, mobility (e.g., stackability, castors), and adjustability.

### Tables

Tables should provide 7–10 inches of clearance from the seat to the tabletop, allowing relaxed elbow placement and sufficient knee space.



| | | | | |
|---|---|---|---|---|
| Chair Height | 12” | 14” | 16” | 18” |
| Table Height | 22” | 24” | 27” | 29.5” |
| Adjustable Table Height | 17-25” | 22-30” | 22-30” | 22-30” |
| Adjustable Standing Table Height | 24-36” | 30-42” | 30-42” | 30-42” |

| Percentage of Students Per Class | | | | |
|---|---|---|---|---|
| Pre K | 100% | | | |
| Kindergarten | 50% | 50% | | |
| Grade 1 | | 100% | | |
| Grade 2 | | 25% | 75% | |
| Grade 3-4 | | | 100% | |
| Grade 5 | | | 50% | 50% |
| Grade 6-12 | | | | 100% |

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